







Please see the below email from Jules Bradburn, Sherborne Viral Kindness.

Dear all,

Here is our weekly update for week three. We now have over 120 volunteers and we are dealing with over 100 requests per day for shopping, food delivery and prescription delivery. Thank you all for the part you play we couldn't do it without you.

We work closely with Volunteer Dorset and your details have all been logged with them. We have been discussing the next steps such as ID badges with Dorset Council and formal confirmation of your valuable work in the community should there be further lock down restrictions.

Our services have developed over the last week and to keep you up to date with developments here's a rundown, please make people aware of what we are doing as you meet with them.

Community Kitchen

We are able to offer a free meal Monday to Friday with chilled meals for the weekend. Meals are produced daily and a post will go on the Facebook page in the afternoon with the menu. Our fabulous kitchen organisers Jill and Hermione will call people on the lists to check menu choice then food is delivered from 10 a.m daily. The meal will need reheating. Meals are free, delivery is free and meals are available to anyone who needs them, vulnerable people or NHS staff.

If you know anyone who would benefit from a meal the dedicated email is svkfood01@gmail.com or phone 07531 198791

Our Community Kitchen is funded through donations, if you know anyone that could donate then please forward the link. https://uk.gofundme.com/f/sherborne-community-

kitchen

Prescription Delivery Service

We have a dedicated pharmacy delivery from Boots in Sherborne, Apples Surgery and the Grove Surgery being run by the fabulous Ginny, Neil Amanda and Kevin. Prescriptions are collected at 3p.m daily saving numerous people queuing up and reducing workload on the pharmacy staff. If you know anyone who needs a pharmacy collection email julesbradburn@gmail.com and I can add it to the lists, we can cover all the pharmacies in town.

Shopping

We now have pretty much every street covered in Sherborne, each street has a designated Street Co-ordinator as a single point of contact. We have established Whats App groups to cover larger areas such as Milborne Port, Longburton and the Corelli Estate. As you know all our shopping services are free and we are currently doing between 60 – 70 shops a day. You guys totally rock.

Books

We have a large selection of books available at 15 Wootton Grove, please swing by and take some, we do not need them returned, we cant really offer a delivery service for the books but if you could pick one up for someone who needs one that would be awesome

DVD Loan Scheme

We have a DVD delivery service through the amazing Mark Ollis. Check it out at https://vksherbornedvd.wordpress.com/?fbclid=lwAR24geWLExLkuObhSo7Ei2CBwB35zkLnoLoG-QUjRinuXmuSuV7Fq0AtQk

If you have DVD's to donate please leave them at 2 Westbury, Sherborne, opposite the Pastimes Shop.

Phone Chats

We have a number of volunteers happy to chat with anyone missing out on human contact, just contact us through Facebook and we can put people in touch

Optical Repairs

We have a retired Optician able to do mobile repairs free of charge again contact us through Facebook and we will put you in touch.

Dog Walking

The wonderful Kara has offered a free service for those who are self isolating, just because someone is self- isolating doesn't mean the dog has to as well. We also have a number of volunteers willing to dog walk.

Yoga

The amazing Dawn Hart I now doing a free weekly yoga session at 7.30a.m each Thursday live on Facebook, click on our events to see the link, we all need to take some time out to destress and take some exercise. Suitable for all levels.

Admin

Finally I just wanted to let you know about our amazing admin teams, we are dealing with over 100 enquiries a day on FB, email, text, phone and to the food teams, and thanks to the incredible dedication of our admin teams we are able to offer a same day response. Thank you to Laura, Emma, Jill, Abby, Vicky.

Other Organisations

We are working with lots of other organisations in the town, all the doctors surgeries Roger Marsh, Keith Harrison and Hayley Jenkins at the Grove, Good Neighbours, The Town Council, Churches Together, The Food Bank, all the GP surgeries, Magna, if you know of any organisation that need our assistance then please shout about us.

Stay safe

Your safety is incredibly important to us. Please find some Government guidance on keeping safe while helping others:

https://www.gov.uk/government/publications/coronavirus-how-to-help-safely-2/coronavirus-how-to-help-safely#how-can-i-help-safely

Also, if you're feeling overwhelmed with the amount of people you are helping, please contact admin Emma at emma.slee@reachplc.com. We have got people coming forward offering help all the time and some people currently do not have anyone to help. We can happily redistribute some tasks.

Finally

What more can you do? Our Facebook page now has over 980 likes please continue to share the page with anyone who needs it. Please pop on the Facebook page and recommend us as this helps to build trust in our community, encourage anyone you have helped to recommend as well. If you have photos or stories please send them

to us it's good to hear of the amazing things you volunteers are doing.

Not bad for something we set up 17 days ago, demand is growing, all our services are free, but we couldn't do it without you our amazing volunteers.

We have enclosed some information that we hope you will find useful.

Thank You

<u>Corona Postcard</u> <u>Payment Options and Procedures</u>

List of your local, independent shops that will deliver to your door: (Sherborne & areas within a 5 miles radius)

- The Pear Tree Deli & Cafe 01935 812828
- The Cross Keys 01935 508130
- Vinyards 01935 815544
- Olivers 01935 815005
- Courtyard Salon 01935 816372
- The Bakeout 01935 507373
- Sherborne Fruit & Veg Market 07515554549
- Elementum Gallery 07590115414
- Black Shed Flowers 07859911817
- Midwest Office Supplies 01935 814225
- Abbey Pharmacy 07970012539
- The Three Wishes 01935 817777
- Kafe Fontana 01935 812180
- The Corner Shop 01935 815615
- The Slipped Stitch 01935 508249



SHERBORNE VIRAL KINDNESS

T&C's and Government restrictions apply.